



## Fiscal Year 2010 Annual Report Highlights

### From the Executive Director

Community Mental Health Center, Inc. is immersed in a world of financial challenges and constant change. During the past fiscal year, our Board, administrators and staff members have worked to address those challenges and changes so we can continue to serve our consumers and communities in the best way possible. One major change has been in our executive leadership. I am honored to have been selected to be CMHC's executive director after the retirement of Joseph Stephens, who provided the Center with 22 years of outstanding and visionary leadership.

I have the privilege to work with an all-star team of leadership and staff dedicated to the organization's mission to make a positive difference in the lives of our consumers and communities. In the sea of change in which we find ourselves, this is our constant. CMHC has made strides to develop and provide the highest quality services to support our consumers and communities. The past year has been filled with the important achievements highlighted in this report. I am proud of our successes, made possible by hard work, energy, creativity and a sincere desire to transform the lives of those we serve.

Our goals for the future focus on addressing our financial and change challenges, striving to improve access to services, integrating care, and demonstrating compassionate professionalism and sound stewardship for the good of our consumers, communities and the organization as a whole. Together we will face challenges, seek opportunities, encourage teamwork, promote innovation, and demand the highest levels of integrity, transparency and performance, while honoring CMHC's distinguished legacy of service.

On behalf of CMHC's Board of Directors, staff members and our community partners, thank you for your continued support of our efforts to meet the behavioral health needs of the individuals and communities of Southeastern Indiana.

Thomas M. Talbot, Executive Director

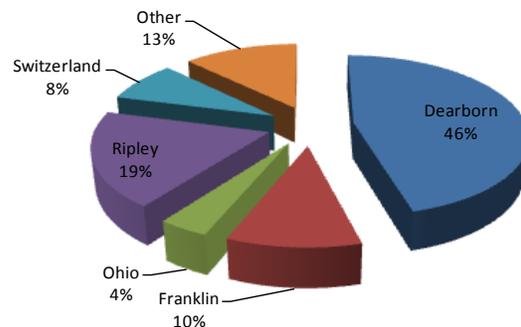
### From our clients . . .

"CMHC has had an ability to select people as staff members who are very caring. This is like my family. We love each other. We care for each other."  
— Gwen, a client in Residential Services

"Children must be educated when they're young about mental health and what to do if they need help. We have to teach them that mental health is not a shameful topic."  
— Chris, a client in youth services programs and an employee of CMHC

### CMHC served 5,463 clients in FY 2010

#### Client Residence



#### Client Demographics

Sex	Male- 50.5% Female- 49.5%
Race	White - 98.6% Other- 1.4%
Age	Under 18- 23% 18-64 years old- 73% 65+ years old - 4%

#### Division Admissions

#### Percent

Inpatient	9.7%
Employment/TIP	6.0%
Community Support Services	10.3%
Intensive Youth Services	6.1%
Outpatient	67.9%



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### Special Projects

**EHR Implementation-** Implementation of the electronic health record continues to be the most significant ongoing improvement project at CMHC. Implementation of the EHR has contributed greatly to the availability and use of data to drive various aspects of the agency, including service development and management and fiscal administration.

**One Community One Family-** completed the second year of the six-year federal grant to provide comprehensive wraparound services to children and families in Dearborn, Decatur, Franklin, Jennings, Ohio, Ripley, Rush and Switzerland counties. As part of the grant, OCOF is working with Indiana University to evaluate the process of its development.

**RAISE Study** -The Center was chosen to participate in a national research study on early onset of schizophrenia. The study is taking place in 35 community mental health centers and hospital outpatient mental health facilities in 21 states.

**QoL Meds Onsite Pharmacy** — QoL Meds, a Pittsburgh-based pharmacy company, has opened a pharmacy in one of the housing facilities operated in Lawrenceburg by Community Mental Health Center, Inc. QoL offers on-site medication coordination, state-of-the-art proactive prescription management, sample medication management, and in-depth medication education.

**CMHC Harmony Health Clinic** - The clinic is an integrated primary care and behavioral health service supported by a grant from The Health Foundation of Greater Cincinnati, is for adults with serious mental illnesses who have Medicare or Medicaid coverage. Services include health screenings, wellness check-ups and problem-focused treatment. A health fair for clients and staff members in March marked the opening of the Primary Care Integration Clinic . The clinic is located at Ludlow Apartments, making it accessible to clients and staff members, and it is adjacent to the new QOL Meds pharmacy , allowing the opportunity for “one-stop” services.

**NIATx Projects** - CMHC is participating in a learning collaborative sponsored by the Health Foundation of Greater Cincinnati to fund a series of process improvement projects using the approach advocated by the Network for Improvement of Addictions Treatment, or NIATx. The Center’s Change Team will examine processes, gather consumer input and make data-driven decisions to implement and sustain improvements. The agency plans to implement the model beyond their substance use services to improve all areas of organization performance.

**Deaf & Hard of Hearing Services-** This program has played a key role during the past year in working with a statewide coalition to expand services in Indiana for individuals who are Deaf or hard of hearing. .The Center worked several months with Jennifer Ficker-Halupnik as a Master’s-level social work intern in DHHS. After graduation, Ms. Ficker-Halupnik, who herself is Deaf, was hired as a staff therapist with the program. Hiring Ms. Ficker-Halupnik well help CMHC meet its goal of providing culturally appropriate Deaf services.

### **Congratulations to the following Staff and Board Members receiving Service Awards**

<b>25 Years</b> —	William Hardy	<b>10 Years</b> —	Christy Browning	<b>5 Years</b> —	Beth Bryant
			Bev Dalessandro		Carolyn Duncan
<b>20 Years</b> —	Cheryll Hendry		Lary Jones		Sandra Edwards
			Abby Kemper		Erika Free
<b>15 Years</b> —	Bridget Bascom-Hinkle		Sue Lindsey		Jill Hoog-Buerkle
	Lowell Foster		Tracy Mock		David Knight
	Brenda Gabbard		Paul Murphy		Vicki Lawrence
	Frans Geeraerts		Maureen Seals		Liz Loring
<i>Board Member:</i>	Nancy McDaniel		Kelly Stewart		Phyllis McKeown
		<i>Board Members:</i>	Tom Talbot		Jackie Mullin
			Cheryl Corning		Connie Summers
			Ed Goble		Ludgardis Woliung
			Ed Krause		

***Recovery is the goal. Empowerment is the tool. Hope is the beginning.***